

Spring 3-on-3 Hockey League

There will be a spring 3-on-3 Hockey League put on this season by MISF. This league will begin March 22 and run until May 16. Teams will have approximately 16 games in the season including playoffs.

The league is open to mite, squirt, peewee, bantam, and high school age players. If number of teams permit we plan to have 5 different age divisions. The league will cost **\$150** per player. The league will follow USA hockey age classifications for the 2009-2010 season. **NO EXCEPTIONS!!** Players are to remain at the level they played this past winter.

There will be 2 games per week for each team. Games will be played primarily on Monday-Thursday evenings and all games will be played at MISF. This is tentative, some games may be held on the weekends. Schedules will be determined based on the number of registered teams and guarantees cannot be made as to which day your team/level will play.

We ask that each participant sign up as an individual, as you will notice on the registration form there is a spot to list 3 players you would like to play with. PLEASE NOTE: There is no guarantee that request will be met, we are going to try and make teams as balanced as possible.

Games will be played cross-ice and consist of 3-12 minute running time periods. Before the start of the game each team will be given a 3-minute warm up. Game time is forfeit time, if a team does not have 3 players and a goalie at the time the game is supposed to start the game will be declared a forfeit. The rotation of players will be the responsibility of each team's adult supervisor/coach.

Please complete the attached registration form and return it with full payment to MISF 5100 72nd St c/o 3-on-3 spring league Urbandale, IA 50322 **no later than March 15, 2010**. Checks should be made payable to: **MISF**.

Note: Players are responsible for supplying their own jerseys. The schedule will be posted after registrations are complete and will indicate if your team will be wearing white or dark jerseys for each game.

We recommend early registration, due to a limited amount of ice time the number of participants/teams per division is limited.

Age Classification for the 2009-20010 season

Youth Teams

<u>DATE OF BIRTH</u>	<u>AGE DIVISION</u>
1/1/01-12/31/02	Mite
1/1/00-12/31/99	Squirt
1/1/97-12/31/98	Peewee
1/1/95-12/31/96	Bantam
*1/1/91-12/31/94	High School

***1995 birthdays may play in High school league if they participated on one of the area High school teams (Capitals, Oakleafs, or in the Metro League). THAT IS THE ONLY EXCEPTION FOR PLAYING UP AN AGE GROUP!!!!**

Spring 3-on-3 Hockey Registration Form

Name: _____ D.O.B _____

Division: _____

Address: _____

City: _____

Zip: _____

Phone # _____

Email _____

I am a goalie? YES NO

My Parent is interested in being a supervisor/coach? YES NO

I would like to request the following players on my team, however I know that all request may not be met.

1. _____

2. _____

3. _____

Registration Deadline March 15, 2010

3-on-3 League Rules

- 1.) **Checking**-NO CHECKING WILL BE ALLOWED IN ANY DIVISION
 - 2.) **Slapshots**-NO SLAPSHOTS WILL BE ALLOWED IN ANY DIVISION.
 - 3.) **Length of Game**-There will be three (3) twelve-minute running time periods. A 3-minute warm up will be given to each team before the game begins. Teams must be ready to take the ice as scheduled otherwise the game will result in a forfeit.
 - 4.) **Overtime**-If there is a tie at the end of regulation the game will go straight to a three (3) player sudden death shoot-out.
 - 5.) **Penalties**- All penalties will result in a penalty shot. Play will resume immediately after the penalty shot with no stoppage of play. The player that is charged with the penalty must sit out a shift and be replaced with another player. Teams always remain full strength. **If a player receives 3 penalties in one game, they will be kicked out of the game.**
 - 6.) **Goals**-After a team scores a goal, teams will line up onside and the ref will throw a puck in. Play shall immediately resume.
 - 7.) **Goalie Saves**-After a goalie makes a save and covers the puck, the opposing team must back out and allow the goalie to give his team the puck with a reasonable amount of room to bring the puck out.
 - 8.) **Fighting**-FIGHTING WILL NOT BE TOLERATED. FIRST OFFENSE WILL RESULT IN EXPULSION FROM THE LEAGUE.
- * Due to the unique nature of 3-on-3 hockey. Game situations will arise where a referee, at his or her own discretion, will have to make a number of judgment calls. Therefore, in all cases. THE REFEREE'S DECISION WILL BE FINAL!!!**

